# THE DISCERNMENT EDGE

#### **QUIZ RESULTS GUIDE**

Understand your inner voice

– and start listening to the
one that leads you to peace,
clarity, and success.

www.discernmentedge.com

## CONGRATULATIONS ON TAKING THE FIRST STEP TOWARD DISCERNING YOUR TRUE PATH.

THIS SHORT GUIDE WILL HELP YOU:

- Understand the patterns behind your answers
- Recognize which voice is loudest in your current season
- Learn how Ignatian tools can help you shift toward clarity and peace

### WHAT YOUR ANSWERS REVEAL

BASED ON YOUR QUIZ
RESPONSES, YOU CAN GET
A SENSE OF WHICH INNER
VOICE IS MOST
INFLUENCING YOUR
DECISIONS RIGHT NOW.

The following guidelines show how to interpret your results.



#### If you answered mostly A's

#### **Dominant Voice: Voice of False Pressure**

#### The enemy's trap:

- You may be listening to a voice that pushes you toward urgency, perfectionism, and restless striving.
- It whispers that you're behind, that time is running out, or that you must prove your worth.
- This voice often wears a mask of productivity but robs you of peace.

#### **Try this:**

- Practice stillness before action: ask "Is this coming from pressure or purpose?"
- Review Ignation Rule #5: Never make decisions in desolation.
- Journal prompt: What am I running from?

#### If you answered mostly B's

#### **Dominant Voice: Voice of Fear**

#### The enemy's obstacle:

- This voice keeps you small, unsure, or paralyzed. It tells you not to try, that you'll fail, or that your desires aren't valid.
- It may sound like caution but it erodes confidence and clouds clarity.
- Fear isn't always loud sometimes it speaks in hesitation, delay, or vague dread.

#### **Try this:**

- Reconnect with your core values and vision
- Pray with the story of Peter stepping out of the boat (Matthew 14:22-33)
- Journal prompt: What would I do if I trusted more deeply?

#### If you answered mostly C's

#### **Dominant Voice: Voice of True Clarity**

#### **God's invitation:**

- This is the voice of peace in motion a steady "yes" in your spirit, even if the path ahead is challenging.
- It helps you act with grounded courage and spiritual confidence.
- This voice doesn't shout it aligns you with God's timing, truth, and tenderness.

#### **Try this:**

- Stay faithful to what is already clear. Take the next step without rushing the rest.
- Use the <u>Discernment Tracker</u> to deepen your awareness
- Ask: Where did I feel most alive, connected, or at peace this week?

#### WHAT TO DO NEXT

#### If you heard the Voice of False Pressure (Mostly A's):

- Try the Outwit the Devil Within course
- Use the <u>Daily Tracker</u> to slow down your decisions
- Learn to say no to urgency and yes to alignment

#### If you heard the Voice of Fear (Mostly B's):

- Start the Confidence through Clarity mini-retreat
- Try journaling 5 lies fear tells you and write truth over them
- Book <u>a free spiritual coaching session</u> to name the fear out loud

#### If you heard the Voice of True Clarity (Mostly C's):

- Go deeper with the <u>Ignatian Decision Toolkit</u>
- Use the <u>Daily tracker</u> to keep following clarity, not noise
- Begin discerning one area of your life where God is inviting change



#### **GET SUPPORT**

- You don't have to do this alone!
- Explore our video courses, retreats, or personal discernment coaching at <u>discernmentedge.com/courses</u>
- Let Ignatian wisdom help you create clarity, purpose, and forward momentum — one choice at a time.